

School District of Pickens County

Comprehensive Health Education

Pickens County students receive health education each year in grades K-8 and once at the high school level. Health Education may be integrated into Science or Physical Education courses in the elementary and middle school.

The curriculum follows the South Carolina Health and Safety Standards with topics including:

- Community Health
- Consumer Health
- Environmental Health
- Growth and Development
- Nutritional Health
- Personal Health
- Prevention and Control of Diseases and Disorders
- Safety and Accident Prevention
- Substance Use and Abuse
- Dental Health
- Mental and Emotional Health
- Reproductive Health
- Pregnancy Prevention
- Sexually Transmitted Diseases
- Family Life

Sexuality Education follows state law, approved by the local Comprehensive Health Education Committee and is abstinence-based.

Please see below for the SC Grade Level Health and Safety Education Curriculum Guidelines:

<https://ed.sc.gov/scdoe/assets/file/agency/ccr/Standards-Learning/documents/2009HealthEducationStandards.pdf>

The School District of Pickens County uses the following community resources and programs to help meet the requirements of the Health and Safety Standards.

- radKids K-5 – Steve Daley
- Land of Smiles Program K-3 - Cliff Turner Staff
- Medication Safety K-5 – Kelly’s Family Pharmacy
- One Choice Changes Everything 6-12 - CVS

Healthy Relationships 6-12 – Pickens Advocacy Center
Cyber Bullying 6-12 – Pickens Advocacy Center
Safe Dates 6-12 – Pickens Advocacy Center
Prevention of Teen Sexual Violence 6-12 – Pickens Advocacy Center
The Fourth R 6-12 – Pickens Advocacy Center
Harcourt - *Health and Fitness* Textbooks and Resources K-5
Holt - *Decisions for Health* Textbooks and Resources 6-8
Holt - *Lifetime Health* Textbooks and Resources 9-12
CEV – Pathways for Career Success – Human Development: The Adolescent Male
PP/Assessments 6 -12
CEV – Pathways for Career Success – Human Development: The Adolescent Female
PP/Assessments 6 - 12
“S.T.D.’s Not A Choice of the New Generation” Tyree Teaching – Modified Curriculum 7-12
Health EDCO Contraceptive Suitcase – High School
Channing Bete On Dating Magazine Modified Curriculum 8-12

Approved Videos

Middle School/High School

“Let’s Just Talk for Boys” Marsh Media

“Let’s Just Talk for Girls” Marsh Media

“Straight Talk About Sexual Choices and Consequences” Marsh Media

High School Only

“Sexually Transmitted Infections: What you should know” Sunburst

“HIV and Teens: Remembering Krista Blake” Discovery Education

“Saying NO: A Few Words to Young Adults About Sex” Discovery Education

“Abstinence: Choosing to Wait” Sunburst

“Abstinence: Health and Wellness Series Part I” Connect with Kids

“STD’s: Health and Wellness Series Part II”

“Promoting Health Among Teens! Abstinence –Only Intervention” – DVD Set Select Media 2011